

Suggested Personal Equipment Checklist

Only the official uniform and parts are acceptable. (Be prepared for an overnight hike as well as living in camp.)

Required

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|---|--|
| <input type="checkbox"/> Uniform Shirt (short sleeves 2) | <input type="checkbox"/> Required/prescribed medication |
| <input type="checkbox"/> Uniform shorts (2 pairs) | <input type="checkbox"/> NYLT Medication Information Sheet |
| <input type="checkbox"/> Uniform Stockings (3 pairs) | <input type="checkbox"/> Class 3 Medical Form |
| <input type="checkbox"/> Official belt and buckle (1) | <input type="checkbox"/> Tote-N-Chip Card |
| <input type="checkbox"/> Neckerchief slide | <input type="checkbox"/> Backpack (with frame, if desired) |
| <input type="checkbox"/> Shoes suitable for hiking | <input type="checkbox"/> Lightweight tent |
| <input type="checkbox"/> Change of shoes, as desired | <input type="checkbox"/> Plate and bowl |
| <input type="checkbox"/> Raincoat, poncho, or rain suit | <input type="checkbox"/> Knife, fork, and spoon |
| <input type="checkbox"/> Sweatshirt/jacket | <input type="checkbox"/> Canteen/ water bottle |
| <input type="checkbox"/> Underclothing (3 sets, minimum) | <input type="checkbox"/> Ground cloth (waterproof) |
| <input type="checkbox"/> Handkerchiefs (as needed) | <input type="checkbox"/> Sleeping bag/blankets |
| <input type="checkbox"/> Pajamas | <input type="checkbox"/> Air mattress or foam pad |
| <input type="checkbox"/> Change of clothing, as desired | <input type="checkbox"/> Flashlight with spare cells and bulb |
| <input type="checkbox"/> BSA Approved T-shirts | <input type="checkbox"/> Sewing kit/Safety Pins to attach NYLT Shoulder Patch to Uniform |
| <input type="checkbox"/> Work gloves | <input type="checkbox"/> Personal first aid kit |
| <input type="checkbox"/> Towel/Washcloth | <input type="checkbox"/> Ballpoint pen, pencil |
| <input type="checkbox"/> Shampoo and Deodorant | <input type="checkbox"/> Scout knife (No sheath knife) |
| <input type="checkbox"/> Toothbrush and paste | <input type="checkbox"/> Boy Scout handbook |
| <input type="checkbox"/> Comb | <input type="checkbox"/> Compass (official preferred) |
| <input type="checkbox"/> Hand soap and container | <input type="checkbox"/> Laundry soap (small bottle) |

Optional

- | | |
|---|---|
| <input type="checkbox"/> Sharpening stone | <input type="checkbox"/> GPS |
| <input type="checkbox"/> Watch | <input type="checkbox"/> Uniform trousers (1 pair) |
| <input type="checkbox"/> Sunglasses | <input type="checkbox"/> Pillow/case |
| <input type="checkbox"/> Extra prescription eyeglasses | <input type="checkbox"/> Moccasins or slippers |
| <input type="checkbox"/> Religious book(s) | <input type="checkbox"/> Personal scouting equipment |
| <input type="checkbox"/> Sunburn lotion/lip salve | <input type="checkbox"/> Straps and or Fasteners for backpack |
| <input type="checkbox"/> Mirror (metal) | <input type="checkbox"/> |
| <input type="checkbox"/> Camera with extra film | <input type="checkbox"/> |
| <input type="checkbox"/> Insect repellent (lotion only) | <input type="checkbox"/> |
| <input type="checkbox"/> Uniform long-sleeved shirts | <input type="checkbox"/> |

What not to Bring

- | | |
|---|--|
| <input type="checkbox"/> No electronics | <input type="checkbox"/> No hats |
| <input type="checkbox"/> No Food unless needed for medical condition. | <input type="checkbox"/> No neckerchiefs |
- each Scout will receive a NYLT hat and neckerchief*

** Any special dietary requirements need to be cleared with the NYLT staff prior to attending the course.

Note: Scouts will be in official uniform (the first six items on the required list) upon arrival. A backpack should be used for getting gear from the drop-off point to the campsite. Participants will also need backpacks for the overnight outpost hike. Also, before coming, see that all badges and insignia are properly placed on uniform. **The NYLT Activity T-shirt will be used only on specific days. Scout can wear other BSA activity shirts under their Field Uniform if they choose.**